

Sea Colony Calendar

Jul 2019 (Eastern Time - New York)

Mon	Tue	Wed	Thu	Fri
1 Mahjongg 12:30p.m. 9am - Walking Exercise 10am - Pool Exercise	2 9am - Morning Exercise 10am - Pool Exercise 7pm - Poker 7:oop.m.	3 Mahjongg 1-4p.m. 9am - Walking Exercise 10am - Painting 10am - Pool Exercise	4 Bridge 1-5p.m. 9am - Morning Exercise 10am - July 4 Festivities 10am - Pool Exercise	5 9am - Walking Exercise 10am - Pool Exercise 1pm - Mahjongg 1-4p.m.
8 Mahjongg 12:30p.m. 9am - Walking Exercise 10am - Book Club @ 10am - Pool Exercise	9 9am - Morning Exercise 10am - Pool Exercise 7pm - Poker 7:oop.m.	10 Mahjongg 1-4p.m. 9am - Walking Exercise 10am - Painting 10am - Pool Exercise	11 Bridge 1-5p.m. 9am - Morning Exercise 10am - Pool Exercise 10am - Yoga 7pm - BOD Meeting	12 9am - Walking Exercise 10am - Pool Exercise 1pm - Mahjongg 1-4p.m.
15 Mahjongg 12:30p.m. 9am - Walking Exercise 10am - Pool Exercise	16 9am - Morning Exercise 10am - Pool Exercise 7pm - Poker 7:oop.m.	17 Mahjongg 1-4p.m. 9am - Walking Exercise 10am - Painting 10am - Pool Exercise	18 Bridge 1-5p.m. 9am - Morning Exercise 10am - Pool Exercise 10am - Yoga	19 9am - Walking Exercise 10am - Pool Exercise 1pm - Mahjongg 1-4p.m.
22 Mahjongg 12:30p.m. 9am - Walking Exercise 10am - Pool Exercise	23 9am - Morning Exercise 10am - Pool Exercise 7pm - Poker 7:oop.m.	24 Mahjongg 1-4p.m. 9am - Walking Exercise 10am - Painting 10am - Pool Exercise	25 Bridge 1-5p.m. 9am - Morning Exercise 10am - Pool Exercise	26 9am - Walking Exercise 10am - Pool Exercise 1pm - Mahjongg 1-4p.m.
29 Mahjongg 12:30p.m. 9am - Walking Exercise 10am - Pool Exercise	30 9am - Morning Exercise 10am - ARC 10am - Pool Exercise 7pm - Poker 7:oop.m.	31 Mahjongg 1-4p.m. 9am - Walking Exercise 10am - Painting 10am - Pool Exercise	1 Bridge 1-5p.m. 9am - Morning Exercise 10am - Pool Exercise	2 9am - Walking Exercise 10am - Pool Exercise 1pm - Mahjongg 1-4p.m.