



Sea Breeze

July 2019
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4th of July

Happy birthday America! Everyone get ready to celebrate!! Flags go out at 7 am. Decorated bike and golf cart parade starts at 10 am at the corner of Sea Colony and Bristol Dr. Ms. Liberty will be there!



Children's swim races for all ages start immediately after the parade at the pool.



Renee and Ken Ekman are providing hamburgers and hot dogs after the races. Please bring a dish to share and RSVP to Renee at 803-549-6860



Hope to see you all there!!

Hurricane Planning



The Sea Colony Hurricane Disaster Planning Committee Open House and Workshop on June 8, 2019 was a resounding success! Fifty-five residents visited the workshop throughout the morning.



The workshop included a variety of informational booklets and brochures. The exhibits included items such as; the Water Bob (a liner to a bathtub that will hold 100 gallons of drinking water, Hydrabarrier Ultra (a water tube that when filled can divert 6 inches of water), Carpet Shield (a self-adhesive film that can be used with sand bags or a water tube to stop

water infiltration), Absorbent Flake Sock (an absorbent tube that quickly soaks up and contains water). An example of an emergency kit that contained items such as AM/FM/NOAA Solar Emergency Radio, flashlights, lanterns, Walkie-Talkies, first aid kits, etc. Nealon Joseph, Flagler County Emergency Management Planner, was on hand to provide information and answer questions.



In addition, eight residents were the lucky winners in the door prize drawing. They were: Tom Walters, Dale Patchett, Jan Faber, Charlie Adams, Jim Mason, Candy Patchett, Rick Kranenberg, and Sandi Caccamo. A tremendous thank you to the Hurricane Disaster Planning Committee for a very timely workshop.

-Paula Treidel

Memorial Day at Sea Colony

Many thanks to Jim and Debbie Iraci, Patti MacDonald, Paula Treidel, Alane and Doug Meyer, Donna Rocco, Glenn Fabian, Dick and Sue Bell, and Ron Smith for their help in putting out and picking up the flags lining Sea Colony Dive this Memorial Day to honor the sacrifices made by members of our armed forces. Thanks also to everyone who put flags out on their own homes and yards. It was an inspiration!

-Myra Smith

Great way to start the day!



Come join Carolyn Walters' aerobics class Monday-Friday at 10 am. Fun!

Any skill level welcome. You'll be glad you joined!



9 am Exercise Class at the Clubhouse before you swim!



Tuesday and Thursday, Calorie burning walk aerobics, 30 minutes

Monday, Wednesday and Friday 1 hour class. Bring mat or towel for floor exercises

How hard is it?? What we need is a Human Obedience Class

Your dog is well trained!
Good owner!!



Then you don't take home your waste disposal bags, but leave them around Sea Colony. Bad, bad, owner. Show some respect!



Board Meeting
Thursday, July 11, 7:00 pm

ARC: July 30, 10 am

Social Committee
September

Check the Guardhouse sign for updates
Full calendar can be found on our
website:

seacolonypalmcoasthoa.com

ONGOING ACTIVITIES

Please check as schedules change

Walking Class M-Fr 9 am

Yoga \$ Thurs 10 am *I am never sure if it's Thursday or Friday exactly, but Myra is at 413-241-1575!*

Pool Exercise M-Fr 10 am – 11 am -
uses one half of the pool (shallow end to middle)

Bridge Thurs 1 pm

Poker Tues 7 pm

Mahjongg Mon 12:30 & 7:30 pm Wed
1 pm

Book Club 2nd Mon at 10

Bingo will be posted

Movies will be posted

Please feel free to join any of these activities; if not, please respect the time

and areas that these groups have
scheduled.